

SLOW FASHION, COLLABORATIVE CONSUMPTION, AND MINDFULNESS

♥ SHOPPING ETHICALLY ♥

I WANT TO BUY SOMETHING.



DO I REALLY NEED IT?

YES

NO

DOES IT NEED TO BE NEW?

NO

YES



Vote with your \$

CAN I BUY IT ETHICALLY?

YES

NO

Fair Trade

Sustainable materials
Ethical labels

BUY IT TO LAST

Care & Repair

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Source of the Graphic: <https://www.sustainably-chic.com/blog/10-affordable-sustainable-clothing-brands>

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SLOW FASHION RESOURCES

MINDFUL SHOPPING

- An Upcycled Closet by Lauren Callis, Minneapolis, MN- Instagram Store
- Beauty by Design, <https://www.beautybydesignmn.com/> Natural materials with handmade work, wedding gowns
- EcoPetites <https://www.ecopetites.com/> Sustainable sportswear for petite body type
- Eileen Fisher, <https://www.eileenfisher.com/> Social consciousness and sustainability
- Everlane, online shopping <https://www.everlane.com/> Transparency, apparel
- Fair Anita, <https://fairanita.com/> Fair trade, women empowered Jewelry and accessories
- Hackwith <https://hackwithdesignhouse.com/> Unique, local and statement pieces
- Haiti Mama, <https://www.haitimama.org/jewelry> Jewelry
- Hazel & Rose, <https://www.shophazelandrose.com/> Curated brands that provide quality, sustainability and transparency
- Indigo & Snow, <http://www.threeriversfibershed.com/producerdirectory> sustainable accessories
- Indigenous, <https://indigenous.com/> Organic, fair trade, Certified B Corp.
- JenMar, <https://jenmarcreations.com/about-us/> Unique wedding gowns and alterations
- Key North Boutique, <https://keynorthboutique.com/> Organic, sustainable, fair trade
- Lissa The Shop, <https://www.lissatheshop.com/> mindful shopping with curated options
- Niche <https://www.nichemn.com> Curated everyday clothing made in MN or USA
- NOIHSAF Bazaar- Instagram store from Minnesota
- Patagonia, <https://www.patagonia.com/home/> transparent, responsible, Outdoor clothing and gear
- Sota Clothing Co. <https://www.sotaclimbing.com/pages/our-story> Local, MN roots and inspiration, t-shirts etc
- Soul Flower, <https://www.soul-flower.com/organic/yoga/> Organic yoga wear
- Spoils of Wear, <https://spoilsofwear.com/> focus on local production, organic textiles, and fair trade practices, among other socially and environmentally sustainable qualities.
- Stella McCartney, <https://www.stellamccartney.com> Sustainability is a core value, designer apparel
- SubtleSilk, <https://subtlesilk.com/> Luxury lingerie and men's accessories, ethical, local, and committed to planet
- Ten Thousand Villages, <https://www.tenthousandvillages.com/> fair trade, artisan made
- True Cost guide, <https://truecostmovie.com/learn-more/buying-better/>
- Watson & Wilma, <https://www.watsonandwilma.com/pages/ourmission> Ethical line of intimates
- Winsome Goods, <http://www.winsomegoods.com/about> Unique, local, sustainable

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MINDFUL MINNESOTA (Provided by Rachel Breen)

A great local resource of designers, brands, artists and leaders working to make fashion a tool for good in Minnesota:

<https://www.wearethreaded.com> (this will have links to local designers and fair trade stores)

<https://rethinktailoring.com/>

COLLABORATIVE CONSUMPTION RESOURCES

Secondhand and Vintage/Designer

- Ark Value Village <https://www.arcsvaluevillage.org/>
- Arlee Park <https://arleepark.com/collections/threads>
- Elite Repeat <https://www.eliterepeatstp.com/>
- Lula Vintage <http://www.lulavintagemn.com/>
- Moth Oddities <https://www.mothoddities.com/about>
- Noihsaf Bazaar www.noihsafbazaar.com Through instagram
- NuLook Consignment <https://www.nulookconsignment.com/>
- Nancy Dilts Stylist: <https://nancydilts.com/>
- RealReal <https://www.therealreal.com/> online
- The Real Housewives Closet <https://therealhousewivescloset.com/> online
- Thread Up <https://www.thredup.com/> Online

Rentals

- Gwynnie Bee <https://closet.gwynniebee.com/>
- Glam Corner <https://www.glamcorner.com.au/>
- Letote <https://www.letote.com/>
- Parcel 22 <https://www.parcel22.com/>
- Rent The Runway <https://www.renttherunway.com/>
- Style Lend <https://www.stylelend.com>
- The Ms Collection <https://www.themscollection.com/>
- The Mr Collection <https://www.themrcollection.com/>
- Threadtread <http://www.threadtread.com/>
- Vince Unfold <https://www.vinceunfold.com/>

Ready-to-wear rentals

- American Eagle, Ann Taylor, Express, New York & Co., Rebecca Taylor

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MINDFUL CARE

- Know your fibers and choose thoughtfully
- Wash inside out; hand wash; cold wash; dew clean; line dry; bathe/wash; frontload m/c
- Catch microfibers, use Guppyfriend <https://guppyfriend.com/en/>
- Catch microfibers use <https://coraball.com/>
- Laundry Camp by Patric Richardson at Mona Williams <https://monawilliams.com/>
- Green dry-cleaning <https://www.mulberryscleaners.com/green-dry-cleaners/>

MINDFUL REPAIR

Learn and teach to sew and repair your clothes for simple repairs

- Mobile Menders <https://mobilemenders.weebly.com/>
- Repair Lair, 3304 E Lake St, Minneapolis, MN 55406
- Science and Kindness scienceandkindness@gmail.com Denim repair
- Visible mending LLC, Lauren Callis Erickson, Upcycled and recycled goods.
www.anupcycledcloset.com
- <https://wornwear.patagonia.com/>

MINDFUL REUSE & DISPOSAL

Note: Due to COVID19, Call before you go and check on acceptable items/needs/specifications

- <https://www.acbcfoodshelf.com/clothing-donations/>
- <https://www.anokacounty.us/1653/Search-the-Recycling-and-Disposal-Direct#!rc-cpage=266334>
- <https://www.animalhumanesociety.org/>
- <https://arcsvaluevillage.org/>
- <https://www.blueearthcountymn.gov/703/Textiles>
- Bra Recycling <https://www.brarecycling.com/drop-off-locations>
SOMA stores are drop-off locations
- <https://brassclothing.com/pages/the-clean-out-bag-faqs>
- <http://www.ci.east-bethel.mn.us/153/Recycling-Options>
- <http://www.ci.lexington.mn.us/page/open/959/0/2020%20Recycling%20Guide.pdf>
- <http://www.donationtown.org/>
- <https://dressforsuccess.org/>
- <https://www.epilepsy.com/make-difference/ways-give/donate-clothing-and-household-goods/acceptable-items>
- <https://www.familypathways.org/donate/>
- <https://www.familypathways.org/thrift-stores/donate/>
- <https://freethegirls.org/locations>
http://www.hope4youthmn.org/wp-content/uploads/2020/10/Top-Needs-6_25_2020-1.pdf
- <https://knickey.com/pages/recycle>

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- https://www.levi.com/US/en_US/blog/article/where-to-recycle-your-clothes/
- <https://www.marinelayer.com/pages/respunlaunch>
- https://www.ramseycounty.us/sites/default/files/Recycling%20and%20Waste/A%20to%20Z%20Recycling%20and%20Disposal%20Guide/reuse_and_donation_guide_0.pdf
- <https://textilerecyclingquotes.com/minneapolis-textile-recycling/>
- <https://www.ramseycounty.us/residents/recycling-waste/a-z-disposal-guide/alphabetical-list>
- Rethink Recycling <https://www.rethinkrecycling.com/residents/materials-name/clothing>
- <https://www.rethinkrecycling.com/residents-guide/resources/>
- <https://satruck.org/Home/DonationValueGuide>
- <https://www.salvationarmyusa.org/usn/>
- <https://www.savers.com/donate/what-we-take>
- <https://sharingandcaringhands.org/donate>
- <https://soles4souls.org/give-shoes/>
- Terracycle boxes https://www.terracycle.com/en-US/zero_waste_boxes/fabrics-and-clothing
- <https://www.thenorthface.com/about-us/responsibility/product/clothes-the-loop.html>
- USAgain collection boxes <https://www.usagain.com/>
- <https://usagain.com/items-we-accept>
- <http://www.vvapickup.org/>
- <http://www.wearonaterecycle.org/>
- WearEver Recycling <https://www.weareverrecycling.com/locations>

Tell Businesses to recycle

- Become a member of SMART- <https://www.smartasn.org/where-to-recycle/>
- <https://textilerecyclingquotes.com/contact/>

MINDFUL NON-PROFITS

NGO's (Non-governmental Organizations – these are like non-profit organizations but international (provided by Rachel Breen)

- www.fashionrevolution.org
- www.cleanclothes.org
- www.labourbehindthelabel.org
- www.laborrights.org
- <https://payupfashion.com/>
- <https://remake.world/>

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MINDFUL MEDIA & APPS

- Alison Morse, <https://alisonmorse.net/project/the-price-of-our-clothes/> story through poetry
- Donegood google chrome extension, it is a plug in that will suggest mission-driven brands to match your values. <https://donegood.co/>
- Don It Green <https://doitgreen.org/downloads/swapping-made-easy-english/>
- Ecowarrior Princess <https://ecowarriorprincess.net/>
- Ethical Barcode app www.ethicalbarcode.com
- Fashion Revolution <https://www.fashionrevolution.org/>
- Good on You app <https://goodonyou.eco/>
- Good Guide app www.goodguide.com
- Not my Style app www.notmystyle.org
- Sustainably Chic <https://www.sustainably-chic.com/>
- Pietra Rivoli reveal the economic and political lessons from the life story of a simple t-shirt. <http://www.youtube.com/watch?v=9yYQqKxz8Tg>

MINDFUL MOVIES

- A Plastic Ocean, <https://plasticoceans.org/about-film/> Amazon, Netflix, iTunes
- RiverBlue <http://riverbluethemovie.eco/> iTunes
- Surviving Progress <http://survivingprogress.com/> youtube
- **The True Cost** <https://truecostmovie.com/>

MINDFUL PODCASTS (Some provided by Rachel Breen)

- Art of Citizenry by Manpreet Kalra
- Conscious Chatter by Kestral Jenkins
- Mindful Businesses by Vidhya Iyer
- Pre-Loved Podcast by Emily Stochl
- REV On Air- Sustainable Stories
- Wardrobe Crisis by Clare Press

MINDFUL BOOKS

- *Consumed* by Benjamin Barber; *Magnifeco* by Kate Black
- *Salaula: The World of Secondhand Clothing and Zambia* by Karen Tranberg Hansen
- *Slow Fashion* by Safia Minney
- *Travels of a T-shirt* by Pietra Rivoli
- *The Green Wardrobe Guide* by Beth Fiteni
- *The Year of Less* by Cait Flanders
- *Overdressed* by Elizabeth Kline

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