SLOW FASHION, COLLABORATIVE CONSUMPTION, AND MINDFULLNESS

SHOPPING ETHICALLY

I WANT TO BUY SOMETHING.

DO I REALLY NEED IT?

YES

NO

DOES IT NEED TO BE NEW?

NO
twice
ebay

YES
twice

CAN I BUY IT ETHICALLY?

Vote with your $

Fair Trade
Sustainable materials
Ethical labels

NO

BUY IT TO LAST

Care & Repair


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SLOW FASHION RESOURCES

MINDFUL SHOPPING

- An Upcycled Closet by Lauren Callis, Minneapolis, MN- Instagram Store
- Beauty by Design, https://www.beautybydesignmn.com/ Natural materials with handmade work, wedding gowns
- EcoPetites https://www.ecopetites.com/ Sustainable sportswear for petite body type
- Everlane, online shopping https://www.everlane.com/ Transparency, apparel
- Fair Anita, https://fairanita.com/ Fair trade, women empowered Jewelry and accessories
- Hackwith https://hackwithdesignhouse.com/ Unique, local and statement pieces
- Haiti Mama, https://www.haitimama.org/jewelry Jewelry
- Hazel & Rose, https://www.shophazardrose.com/ Curated brands that provide quality, sustainability and transparency
- Key North Boutique, https://keynorthboutique.com/ Organic, sustainable, fair trade
- Lissa The Shop, https://www.lissatheshop.com/ Mindful shopping with curated options
- Niche https://www.nichemn.com Curated everyday clothing made in MN or USA
- NOIHSAF Bazaar- Instagram store from Minnesota
- Patagonia, https://www.patagonia.com/home/ transparent, responsible, Outdoor clothing and gear
- Sota Clothing Co. https://www.sotaclothing.com/pages/our-story Local, MN roots and inspiration, t-shirts etc
- Spoils of Wear, https://spoilsofwear.com/ focus on local production, organic textiles, and fair trade practices, among other socially and environmentally sustainable qualities.
- Stella McCartney, https://www.stellamccartney.com Sustainability is a core value, designer apparel
- SubtleSilk, https://subtlesilk.com/ Luxury lingerie and men’s accessories, ethical, local, and committed to planet
- Ten Thousand Villages, https://www.tenthousandvillages.com/ Fair trade, artisan made
- Watson & Wilma, https://www.watsonandwilma.com/pages/ourmission Ethical line of intimates

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MINDFUL MINNESOTA (Provided by Rachel Breen)

A great local resource of designers, brands, artists and leaders working to make fashion a tool for good in Minnesota:

https://www.wearethreaded.com (this will have links to local designers and fair trade stores)
https://rethinktailoring.com/

COLLABORATIVE CONSUMPTION RESOURCES

Secondhand and Vintage/Designer

- Ark Value Village https://www.arcsvaluevillage.org/
- Arlee Park https://arleepark.com/collections/threads
- Elite Repeat https://www.eliterepeatstp.com/
- Lula Vintage http://www.lulavintagemn.com/
- Moth Oddities https://www.mothoddities.com/about
- Noihsaf Bazaar www.noihsafbazaar.com Through Instagram
- NuLook Consignment https://www.nulookconsignment.com/
- Nancy Dilts Stylist: https://nancydilts.com/
- RealReal https://www.therealreal.com/ online
- The Real Housewives Closet https://therealhousewivescloset.com/ online
- Thread Up https://www.thredup.com/ Online

Rentals

- Gwynnie Bee https://closet.gwynniebee.com/
- Glam Corner https://www.glamcorner.com.au
- Letote https://www.letote.com/
- Parcel 22 https://www.parcel22.com/
- Rent The Runway https://www.renttherunway.com/
- Style Lend https://www.stylelend.com
- The Ms Collection https://www.themscollection.com/
- The Mr Collection https://www.themrcollection.com/
- Threadtread http://www.threadtread.com/
- Vince Unfold https://www.vinceunfold.com/

Ready-to-wear rentals

MINDFUL CARE

- Know your fibers and choose thoughtfully
- Wash inside out; hand wash; cold wash; dew clean; line dry; bathe/wash; frontload m/c
- Catch microfibers, use Guppyfriend https://guppyfriend.com/en/
- Catch microfibers use https://coraball.com/
- Laundry Camp by Patric Richardson at Mona Williams https://monawilliams.com/
- Green dry-cleaning https://www.mulberryscleaners.com/green-dry-cleaners/

MINDFUL REPAIR

Learn and teach to sew and repair your clothes for simple repairs

- Mobile Menders https://mobilemenders.weebly.com/
- Repair Lair, 3304 E Lake St, Minneapolis, MN 55406
- Science and Kindness scienceandkindness@gmail.com Denim repair
- Visible mending LLC, Lauren Callis Erickson, Upcycled and recycled goods. www.anupcycledcloset.com
- https://wornwear.patagonia.com/

MINDFUL REUSE & DISPOSAL

Note: Due to COVID19, Call before you go and check on acceptable items/needs/specifications

- https://www.acbcfoodshelf.com/clothing-donations/
- https://www.animalhumanesociety.org/
- https://arcsvaluevillage.org/
- https://www.blueearthcountymn.gov/703/Textiles
- Bra Recycling https://www.brarecycling.com/drop-off-locations
- SOMA stores are drop-off locations
- http://www.donationtown.org/
- https://dressforsuccess.org/
- https://www.donationtown.org/acceptable-items
- https://www.familypathways.org/donate/
- https://www.familypathways.org/thrift-stores/donate/
- https://freethegirls.org/locations
- https://knickey.com/pages/recycle
• https://www.marinelayer.com/pages/respunlaunch
• https://textilerecyclingquotes.com/minneapolis-textile-recycling/
• https://www.ramseycounty.us/residents/recycling-waste/a-z-disposal-guide/alphabetical-list
• Rethink Recycling https://www.rethinkrecycling.com/residents/materials-name/clothing
• https://www.rethinkrecycling.com/residents-guide/resources/
• https://satruck.org/Home/DonationValueGuide
• https://www.salvationarmyusa.org/usn/
• https://www.savers.com/donate/what-we-take
• https://sharingandcaringhands.org/donate
• https://soles4souls.org/give-shoes/
• USAgain collection boxes https://www.usagain.com/
• https://usagain.com/items-we-accept
• http://www.vvapickup.org/
• http://www.weardonaterecycle.org/
• WearEver Recycling https://www.weareverrecycling.com/locations

Tell Businesses to recycle
• Become a member of SMART- https://www.smartasn.org/where-to-recycle/
• https://textilerecyclingquotes.com/contact/

MINDFUL NON-PROFITS

NGO’s (Non-governmental Organizations – these are like non-profit organizations but international (provided by Rachel Breen)

• www.fashionrevolution.org
• www.cleanclothes.org
• www.labourbehindthelabel.org
• www.laborrights.org
• https://payupfashion.com/
• https://remake.world/
MINDFUL MEDIA & APPS

- Alison Morse, https://alisonmorse.net/project/the-price-of-our-clothes/ story through poetry
- Donegood google chrome extension, it is a plug in that will suggest mission-driven brands to match your values. https://donegood.co/
- Don It Green https://doitgreen.org/downloads/swapping-made-easy-english/
- EcoWarrior Princess https://ecowarriorprincess.net/
- Ethical Barcode app www.ethicalbarcode.com
- Fashion Revolution https://www.fashionrevolution.org/
- Good on You app https://goodonyou.eco/
- Good Guide app www.goodguide.com
- Not my Style app www.notmystyle.org
- Sustainably Chic https://www.sustainably-chic.com/
- Pietra Rivoli reveal the economic and political lessons from the life story of a simple t-shirt. http://www.youtube.com/watch?v=9yYQqKxz8Tg

MINDFUL MOVIES

- A Plastic Ocean, https://plasticoceans.org/about-film/ Amazon, Netflix, iTunes
- RiverBlue http://riverbluethemovie.eco/ ITunes
- Surviving Progress http://survivingprogress.com/ youtube
- The True Cost https://truecostmovie.com/

MINDFUL PODCASTS (Some provided by Rachel Breen)

- Art of Citizenry by Manpreet Kalra
- Conscious Chatter by Kestral Jenkins
- Mindful Businesses by Vidhya Iyer
- Pre-Loved Podcast by Emily Stochl
- REV On Air- Sustainable Stories
- Wardrobe Crisis by Clare Press

MINDFUL BOOKS

- Consumed by Benjamin Barber; Magnifico by Kate Black
- Salaula: The World of Secondhand Clothing and Zambia by Karen Tranberg Hansen
- Slow Fashion by Safia Minney
- Travels of a T-shirt by Pietra Rivoli
- The Green Wardrobe Guide by Beth Fiteni
- The Year of Less by Cait Flanders
- Overdressed by Elizabeth Kline